

# St. Paul's United Methodist Church of Odessa Reaching Up Reaching In Reaching Out Pastor Linda Ray, 406 Main Street, Odessa, DE 302-378-2420 www.stpaulsodessa.org, CCLI 11305346 and Streaming Lic. 21184487

# Twelfth Sunday After Pentecost

August 11, 2024, 9:00AM Service, ASL & Livestreaming WE ENTER GOD'S GATES WITH PRAISE

# WELCOME WITH MUSIC AND IMAGES

Mark Holden & June Stemmle, Photographer & Curator, Gail Garner – ASL Interpreter

# PRELUDE AND GREETING

GATHERING WORDS: Liturgist – Nadine Johnson

One: We have gathered from different places and different backgrounds.

Many: May those who are grieving find comfort.

One: May those who have turned away from God find forgiveness.

Many: May those who are waiting find hope.One: May all find God's steadfast love and grace.Many: Let us worship the One who gives us life.

\*OPENING HYMN: From the Rising of the Sun Black Hymnal 2024

\*OPENING PRAYER: (all praying): Jesus, bread of life, you give us life and nourish our spirits. As your beloved children, help us walk in your ways each and every day. May we speak words of kindness to one another and open our hearts to share comfort and encouragement. May we offer and seek forgiveness, Most of all, may we remember that your steadfast love extends to all of your beloved children. Fill us with the warmth of your love and inspire us to extend a hand, a hug, a smile, a gesture of connection in a disconnected world. In your holy name we pray. Amen

WORDS FOR YOUNG METHODISTS:

Halle Halle Halleluja

Black Hymnal 2026

Halle, halle, hallelujah. Halle, Halleluja. Halleluja. Halleluja. Halleluja! Halleluja! .

Courtney Martin shares a blessing with our children!

FIRST LESSON: 2 Samuel 18:5-9, 15, 31-33 (CEB)

The king gave orders to Joab, Abishai, and Ittai: "For my sake, protect my boy Absalom." All the troops heard what the king ordered regarding Absalom to all the commanders.

<sup>6</sup> So the troops marched into the field to meet the Israelites. The battle was fought in the Ephraim forest. <sup>7</sup> The army of Israel was defeated there by David's soldiers. A great slaughter of twenty thousand men took place that day. <sup>8</sup> The battle spread out over the entire countryside, and the forest devoured more soldiers than the sword that day. <sup>9</sup> Absalom came upon some of David's men. Absalom was riding on a mule, and the mule went under the tangled branches of a large oak tree. Absalom's head got caught in the tree. He was left hanging in midair while the mule under him kept on going.

<sup>15</sup> Then ten young armor-bearers of Joab surrounded Absalom, struck him, and killed him. <sup>31</sup> Then the Cushite arrived and said, "My master the king: Listen to this good news! The LORD has vindicated you this day against the power of all who rose up against you." <sup>32</sup> The king said to the Cushite, "Is my boy Absalom okay?" The Cushite answered, "May the enemies of my master the king and all who rise up against you to hurt you end up like that young man." <sup>33</sup> The king trembled. He went up to the room over the gate and cried. As he went, he said, "Oh, my son Absalom! Oh, my son! My son!" I had died instead of you! Oh, Absalom, my son! My son!"

**HYMN OF PREPARATION:** 

Lord. I Want to be a Christian

Red Hymnal 402

GOSPEL LESSON: *John 6:35, 41-51* (CEB)

<sup>35</sup> Jesus replied, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.

<sup>41</sup> The Jewish opposition grumbled about him because he said, "I am the bread that came down from heaven."

<sup>42</sup> They asked, "Isn't this Jesus, Joseph's son, whose mother and father we know? How can he now say, 'I have come down from heaven'?" <sup>43</sup> Jesus responded, "Don't grumble among yourselves. <sup>44</sup> No one can come to me unless they are drawn to me by the Father who sent me, and I will raise them up at the last day. <sup>45</sup> It is written in the Prophets, And they *will all be taught by God*. Everyone who has listened to the Father and learned from him comes to me. <sup>46</sup> No one has seen the Father except the one who is from God. He has seen the Father. <sup>47</sup> I assure you, whoever believes has eternal life. <sup>48</sup> I am the bread of life. <sup>49</sup> Your ancestors ate manna in the wilderness and they died. <sup>50</sup> This is the bread that comes down from heaven so that whoever eats from it will never die. <sup>51</sup> I am the living bread that came down from heaven. Whoever eats this bread will live forever, and the bread that I will give for the life of the world is my flesh."

One: May this story inspire us all. ALL: To walk in the way that leads to life.

THE MESSAGE: "I promise.....with my gifts" Pastor Linda Ray and Steve Johnson

# WE GIVE THANKS

OFFERTORY PRAYER: Gracious God, we bring these gifts to you, that you may bless them. May they bring comfort to those who mourn, help to those in need, and joy to all of your beloved children. Amen

THE OFFERTORY: Today's Yellow Hat mission offering supports 8/11/24 Grateful Acres – Ally Kennedy.

MUSICAL SELECTION: Lord I Need You by Matt Maher Thomas Maloney Solo

\*THE DOXOLOGY: Red Hymnal 95

GATHERING OF JOYS AND CONCERNS

PRAYERS OF THE PEOPLE

PRAYER OF CONFESSION (all praying): O Lord, we cry out to you! We cry out for help: when we turn away from you; when we ignore the needs of our neighbors; when we speak harsh words to those around us; when we forget that we are your beloved children. Draw us close and embrace us with your steadfast love and your healing grace. In your merciful name, we pray. Amen

INVITATION TO COMMUNION:

Communion Officiant – Pastor Linda Ray Communion Server – Nadine Johnson Communion Setting 2257-a

Reader 2: The Lord be with you.

ALL: And also with you.

Reader 2: Lift up your hearts.

ALL: We lift them up to the Lord.

Reader 2: Let us give thanks to the Lord our God.

ALL: It is right to give our thanks and praise.

**Reader 1:** It is right, and a good and joyful thing, always and everywhere to give thanks to you, almighty God, creator of heaven and earth. You formed us in your image and breathed into us the breath of life. When we turned away, and our love failed, your love remained steadfast. You delivered us from captivity, made covenant to be our sovereign God, brought us to a land flowing with milk and honey, and set before us the way of life. And so with your people on earth and the great company of heaven we praise you as we join their unending hymn:

Communion Setting 2257-b

ALL: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest! Hosanna in the highest! Blessed is he who comes in the name of the Lord. Hosanna in the highest! Hosanna in the highest! Hosanna in the highest!

**Reader 2**: Holy are you, and blessed is your Son Jesus Christ. By the baptism of his suffering, death, and resurrection you gave birth to your Church, delivered us from slavery to sin and death, and made with us a new covenant by water and the Spirit. By your great mercy we have been born anew to a living hope through the resurrection of your Son from the dead and to an inheritance that is imperishable, undefiled, and unfading. Once were no people, but now we are your people, declaring your wonderful deeds in Christ, who called us out of darkness into his marvelous light. When the Lord Jesus ascended, he promised to be with us always, in the power of your Word and Holy Spirit.

(Lifting the bread) On the night in which Jesus gave himself up for us, he took bread, gave thanks to you, broke the bread, gave it to his disciples, and said: "Take, eat, this is my body which is given for you. Do this in remembrance of me."

**Reader 1**: (Lifting the cup) When the supper was over, Jesus took the cup, gave thanks to you, gave it to the disciples, and said: "Drink from this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving as a holy and living sacrifice in union with Christ's offering for us, as we proclaim the mystery of faith:

Communion Setting 2257-c

# ALL: Christ has died. Christ is risen. Christ will come again! Hosanna in the highest! Hosanna in the highest!

**Reader 2**: Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine. Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood. By your Holy Spirit, make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes in final victory, and we feast at his heavenly banquet. Through your son Jesus Christ, with the Holy Spirit in your holy church, all honor and glory is yours, Holy God, now and forever.

Communion Setting 2257-d

# ALL: Amen. Amen. Hosanna in the highest! Hosanna in the highest! Hosanna in the highest!

**Reader 2**: Let us join our hearts and voices in the prayer that God continues to teach us:

Our Father, who art in heaven, hallowed be Thy name. Thy Kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation but deliver us from evil. For Thine is the Kingdom, the Power and the Glory Forever. AMEN.

(The congregation will come forward to partake of the bread and cup.)

PRAYER AFTER RECEIVING

# WE GO IN THE SPIRIT

OPPORTUNITIES FOR MINISTRY AND SERVICE

SENDING HYMN: Let There Be Peace On Earth Red Hymnal 431

# **SERVING IN WORSHIP TODAY**

Liturgist: Nadine Johnson

Audio/Video: Charlii Miller & John Littell & John Cate & Carlotta Cline

Communion Officiant/Server: Nadine Johnson

Ushers: John & Patti Harmer, June Stemmle, John Harmon, Denis Shaffer, Laura Widger,

Rvan Vitsorek, Brook Ellis

Director of Music: Thomas Maloney, Organist/Accompanist: Jin Kyung Seo

Minister of Music – Duane Dillard

Altar flowers today are donated by Carole & John Harmon in celebration of their wedding anniversary today. Happy Anniversary from St. Paul's!

#### CONTACT INFORMATION

Rev. Linda Driver Ray, Pastor	lindaray@vaumc.org	(540) 207-1787
Bonnie Valeski, Admin. Asst.	bonnie@stpaulsodessa.org	(302) 378-2420
Alice Mullins, Financial/Treasurer	stpodessa@stpaulsodessa.org	(302) 293-9956
Duane Dillard, Minister of Music	duanedillard@gmail.com	(443) 593-2470
Thomas Maloney, Director of Music	thomaseamaloney@gmail.com	(914) 450-0095
Jin Kyung Seo, Organist/Accompanist	jinksblue@gmail.com	

# ANNOUNCEMENTS - THIS WEEK AT ST. PAUL'S

<b>Sunday 08/11</b>	Worship Services 9AM Livestreaming and ASL
<b>Monday 08/12</b>	Finance Team Mtg. 6:30PM
Tuesday 08/13	ODB, Nurture Team Mtg. 1PM, Witness Team Mtg. 3PM
Wednesday 08/14 TOPS Mtg 5:45 PM,	
Thursday 08/15	10AM Prayer and Praise Group, PFLAG 6:30PM
Friday 08/16	
Saturday 08/17	AA Mtg 7PM

MOT ANNUAL BOOK BAG GIVEAWAY PROGRAM: We have received notice from Neighborhood House that this drive will happen again now through August. St. Paul's will be donating book bags and supplies as in other years. Lists will be sent out via email and posted on our bulletin boards. August 11 is the supplies due date; August 18 is the assembly date of supplies into bookbags. Any questions, contact Dawn Buckworth.

SUMMER SERMON TEACHING SERIES 'I PROMISE': Begins Sunday July 28 through August.

**ELIZABETH 'LIZZIE' MORRIS:** Information is needed on the life of Lizzie Morris. Lizzie bequeathed a trust fund to St. Paul's UMC in the early 1900's and we would love to learn more about this great, very benevolent lady. If anyone has knowledge or photos or any tidbits of information, please forward them to Trustee, Lulu Calbazana. We hope to put together a more detailed biography of Ms. Morris and will then also have more information about her Trust Fund to share with the congregants. Thank you.

LATEST FINANCIAL NEWS: If you need a reimbursement and it's been approved by the Chairperson of your Committee, please complete a Disbursement Voucher, list the account number, attach any receipts, and submit within 14 days; this is the best practice for auditing purposes. Once completed, place the Disbursement Voucher with receipts directly into the Treasurers/Finance black box which is hanging on the wall, on the landing leading up the stairs, to the church office. Disbursement Voucher forms are located in the mail bin outside the church office. Billing and reimbursement checks are sent out Tuesdays of each week. Thanks so much, Alice Mullins, Treasurer

**SUMMER SERVICES:** It was recently approved by Leadership to go to summer services beginning Sunday, June 2nd through Labor Day weekend Sunday, September 1, 2024. We will be having a single worship service at 9AM.

**CYBER SECURITY:** An FYI, Pastor Linda's email has been hacked several times in recent weeks. Pastor Linda does not get a copy of these, so is unaware of the situation unless you bring it to her attention. Here are some basic guidelines to follow when evaluating an email from Pastor Linda:

- 1. The only email that Pastor Linda uses is <u>LindaRay@vaumc.org</u>. To check the source of the email, hover with your mouse, over Pastor Linda's name and the email will appear.
- 2. Pastor Linda will respond to your emails as individuals but does not usually send emails to individuals.
- 3. Pastor Linda's regular schedule for church-wide emails is to send one on Friday or Saturday. If there are items that need addressing, she may send group emails at other times.
- 4. The subject line for her email correspondence is always 'Church Family Check-In'.
- 5. Pastor Linda will never ask individuals or groups for gift cards, money or do anything discreetly.
- 6. If in doubt, do not open the email or respond but instead, reach out to Pastor Linda.

Pastor Linda has reported this activity to the tech support folks in the Virginia Annual Conference and this office has made our local tech support persons aware of this activity. Pastor Linda has begun to send the Church Family Check-In emails using BCC/blind copy to further protect your emails. Pastor Linda apologizes for this and appreciates your willingness to be helpful and responsive.

**BIRTHDAYS**: August 11 – Ally Kennedy, Jason Strickland; August 12 – Justin Fitzwater; August 13 – Abby Gottlieb, Declan Hubbard, Jeffrey Martin; August 14 – Kerry Strickland, Jason Wallace; August 15 – Jackie Connell, Cole Tokash; August 17 – Karen Ellis, Burtie Hutchinson, Allen Ingram

**ANNIVERSARIES:** August 11 – Carole & John Harmon; August 14 – Bill & Burtie Hutchison; August 17 – Billy & Vickie Bush.

**PRAYER REQUEST BOX** is available in the Narthex along with the prayer request cards. Just complete the form, fold, and drop in the box on the corner shelf located at the second set of doors into Fellowship Hall. You can also email Bonnie in the Church Office at <a href="mailto:bonnie@stpaulsodessa.org">bonnie@stpaulsodessa.org</a>.

PRAYERS FOR: Noel Lukens, David Dudgeon, Dorothy Dudgeon, Carolyn Akin, Jonathan Brooks, Mary Ingram's friend Maureen, John Guy, Maria Gregors, Levi Schrum and family, Marilyn Hendershot, Dennis Downes, Jeffrey & Cheryl Martin, Nancy- sister of Alice Rizzo, Ethan Porter, George, Dylan Green, Blain Shoun, Sally Sutton's neighbor – Dottie, Kevin Quiveors – Al Calbazana's brother-in-law, Thomas Maloney's mother, John Littell, Faye Taylor's nephew Matthew Smith, and Brenda Shaffer's nephew, Scott, Mindie, and Bo Pleasanton, Ellen McMichael and Norman Parks, Sarah Bosworth, Sheila Ritchie Fawcett, daughter-in-law of Bev Fawcett, as she deals with a medical issue, David Sheats, Alice Mullins' brother -Clarence Brooks, Diane Shoun's sister-in-law, Amanda Branlund, who is going through cancer treatment, Kevin, Keith Brady who was in a recent bad auto accident and has a traumatic brain injury, Terry Sweeney, Michael Whitehead who is doing better but still grateful for prayers, Betty Freeman after her tragic accident, Barbara Apigian, Elizabeth Gliniak – friend of Charlotte Smith, Dan Moore, Angela Christian – for Mala who needs shoulder surgery, Matthew Sheats, Kathy Golden, Rev. Cheryl Jensen, Sue Austin, Thomas O'Grady for oral surgery and Frank Hartenstein - Beth O'Grady's father waiting on medical tests, Lauren.

# YELLOW HAT COLLECTIONS FOR AUGUST 2024

8/04/24 Back to School Book Bags for Neighborhood House

8/11/24 Grateful Acres – Ally Kennedy

8/18/24 The Nest – Ryan & Katelynn Scott's Community Home Space

8/25/24 Deep Roots Homeless Shelter (Karen Ellis & Nadine Johnson)

Please make sure ALL checks are made payable to St. Paul's UMC, including checks for the Yellow Hat missions, writing the organization's name on the memo line.

All donations are collected, recorded, entered in the system, and deposited into the Church's operating account on a weekly basis. Also, on a weekly basis, a check is mailed to the specified yellow hat organization for the total amount collected.

It is very important that donations be placed in the offering plate, yellow hat or mailed to St. Paul's UMC. You are also welcome to drop off donations in the black box on the wall just inside the side door to the Church, making sure it is secured in an envelope with your name on the front. This is to guarantee acknowledgement of your donations when the yearly contribution statement is sent for tax purposes. Thank you all for your continued support for St. Paul's as we are growing in our faith through generosity. *Alice Mullins, Treasurer* 



St. Paul's Mission Statement

# Reaching Up to praise God in vibrant worship

God calls us to live out our discipleship grounded in Christ's awakening us to the glory and majesty of God in all creation, and we respond together by worshiping God with our gratitude and praise. Standing or lifting our hands high are both ancient postures of worship, and so our dance of discipleship involves reaching up with our hearts, souls, and bodies, lost in wonder, love, and praise.

Enter his gates with thanksgiving, and his courts with praise. Give thanks to him, bless his name. For the Lord is good; his steadfast love endures forever, and his faithfulness to all generations.

Psalms 100:4-5 (NRSV)

# Reaching In to deepen our spiritual walk with Christ

Christ accepts us as we are, and then calls us to follow him and learn from him, growing in our spiritual walk-through practices the church calls spiritual disciplines: prayer, fasting, meditation, studying God's Word, individually and with others. As we grow in the knowledge of God, we discover more about the extraordinary plans God has for our lives.

"If you continue in my word, you are truly my disciples; and you will know the truth, and the truth will make you free."

John 8:31-32 (NRSV)

# Reaching Out with acts of love and compassion

Here's where it all comes together! Assured of God's eternal love, strengthened by the grace and knowledge of Christ, we are ready for the Holy Spirit to kindle a fire in our lives, gifting us for the labor of love God has prepared for us to accomplish. Having fallen in love with God, we love and serve our neighbors.

"Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me."

Matthew 25:40 (NRSV)

# MISSIONS AND CONTACT INFORMATION

# WEEKLY GATHERINGS – CHURCH BUILDING

OFFICE HOURS Tuesday - Thursday, 9 AM-2 PM

- Cub Scouts –Tuesdays 6-8 PM
- TOPS Meeting Wednesdays 5:45 PM.
- St. Paul's Prayer and Praise Group Ministry Thursdays 10 AM @Carole Harmon's Home
- St. Paul's Handbell Rehearsal Wednesdays 6 PM, will resume September 11, 2024.
- St. Paul's Choir Rehearsal Wednesdays 7 PM, will resume September 11, 2024.
- AA Meeting Saturdays 7 PM

# **MONTHLY GATHERINGS**

- Finance Meeting 2nd Monday 6:30 PM
- Trustees Meeting 1<sup>st</sup> Monday 6:30 PM
- SPRC Meeting 4th Thursday 6:30 PM
- Leadership Meeting 3rd Tuesday 6:30 PM
- PFLAG Meeting 3rd Thursday 6:30 PM
- Reconciling Ministries TBD

Adult Bible Study will resume September 15, 2024.

Children's Sunday School will resume September 15, 2024.

# **Flowers for Worship**

If you are interested in honoring a loved one with flowers at the altar on a particular Sunday, we are asking you to first contact the Church Office to make sure that date is available, 302-378-2420, or email Bonnie at

<u>bonnie@stpaulsodessa.org</u>. Then contact Alicia Blackwell, from Wildflowers by Alicia to place your order and have them delivered to the church. Alicia can be reached at (302) 593-9884.

You can certainly use whichever florist you choose, but please know you will have to either bring them to the church yourself or be here for that delivery and use your code to bring them into the church. We very much appreciate the beauty of flowers on our altar! If you prefer to buy flowers and arrange them yourself and bring them into the Church, we would love that as well!! Thanks, Bonnie

# **Compassionate Card Ministry**

The Compassionate Card Ministry is made up of 20 dedicated members of our congregation who create hand-made cards and encouraging messages to those in our directory, within our congregation, those on our prayer lists and others who are brought to our attention. Our purpose is to spread kindness and love to others through uplifting and personalized sentiments on hand-made cards. If you are not in our directory and would like to be added to our list, or if you know someone who would benefit from the blessing of a card, please contact Nancee Bleistine, nbleistine@yahoo.com or 609-217-1924.

# **Prayer and Praise Group Ministry**

Carole Harmon hosts a prayer circle, currently Thursday mornings at 10 AM - in person. Please contact Carole if you are interested in joining the group or have a special prayer request. You can also find prayer request cards and box on the corner shelf in the Narthex.

# **VANCO: Manage Your Giving Online**

Giving online is easy and allows you to set up automatic recurring contributions and view your complete online giving history from anywhere you have access to the Internet. Simply follow these easy steps:

- 1) Visit the church website at <a href="www.stpaulsodessa.org">www.stpaulsodessa.org</a> and click on the VANCO Online Giving button to the left of the screen.
- 3) Click on the Link to Online Giving thru VANCO button, then
- 4) Follow the onscreen instructions to create an online profile and to schedule your RECURRING CONTRIBUTIONS.

# **Love Thy Neighbor Fund**

Our "Love Thy Neighbor Fund" was created to help those in need in the MOT community. This fund may support a time in someone's life when he/she may need a little kindness and generosity to help endure and survive a challenging situation. If you can donate, please make checks payable to St. Paul's UMC and then write in the memo area it is for "Love Thy Neighbor Fund." Please note, this fund is SEPARATE from the Yellow Hat. Thank you, Love Thy Neighbor Committee

# **Deep Roots**

Nadine Johnson & Karen Ellis continue to work with the "Deep Roots" mission. This group works with families who are disconnected through homelessness and provides transitional shelter and other services to families in need. They need your help as they continue to contact members of the church to help with making meals once a month feeding approximately 50+ individuals. Here's hoping you will be able to help us with this very important and necessary mission. Thanks so much! Contact Karen Ellis at <a href="mailto:iluvbrmuda@gmail.com">iluvbrmuda@gmail.com</a> and Nadine Johnson at <a href="mailto:nadine.faye.johnson@gmail.com">nadine.faye.johnson@gmail.com</a>

# **Our Daily Bread Food Donations**

214 N Broad St, Middletown, DE 19709

Volunteers Needed – day and evening hours and different areas of need, filling bags, handing out meals, etc. Volunteer Opportunities can be found at <a href="https://www.signupgenius.com/go/10COE4FAEA82CA3F5CF8-volunteer">https://www.signupgenius.com/go/10COE4FAEA82CA3F5CF8-volunteer</a>. Contact Sue Holden, Missions Co-Chair, at 802-324-6167, <a href="mailto:susieq2951@aol.com">susieq2951@aol.com</a>., with any questions. Also, find information and volunteer sign-up forms on the website,

# https://www.ourdailybreadmot.com. On-line Training Coming Soon!

ODB is most thankful to all who donate either monetarily or in kind. Your generosity helps ODB feed those in our community who are facing food insecurity. Listed below are the items needed to stuff our side bags and other items that are needed on a regular basis. Donations can be dropped off on Tuesday from 9:15 to 11:30AM

- Individual bottles of water
- Individual bags of salty snacks
- Individual packets of sweet snacks
- Individual fruit cups and/or applesauce
- Fresh fruit (apples, bananas, oranges)
- Boxes of breakfast cereal
- Boxes of mashed potatoes
- White bread
- Baked beans (large cans)
- Gallon size zip-loc bags
- Lg black garbage bags
- Cans of soup

Thank you for any and all kindness!

# **Neighborhood House**

Neighborhood House really appreciates St. Paul's ongoing support in so many ways. At this point, we are low on some items in the food pantry. These items are especially needed right now in our food pantry, though all donations are gladly accepted with the inventory being low now.

Currently we are really low on personal hygiene products as well as some food items:

- 1. Bottled water
- 2. Toilet paper, Toothpaste, Soap, Shampoo & conditioner
- 3. Peanut butter & jelly (medium size)
- 4. Pasta sauce
- 5. Tuna/Tuna Helper
- 6. Hamburger Helper

# These non-perishables are needed to keep our pantry stocked:

Chef Boyardee, beef stew, Spam ,pancake mix/syrup, snacks - cookies, crackers etc.

ADDITIONALLY, THERE IS ALWAYS A NEED FOR ADULT SIZED DISPOSABLE DIAPERS AS WELL AS FOR BABIES/CHILDREN IN SIZES 4, 5, AND 6, AND WIPES. WE HAVE NUMEROUS MOMS WITH BABIES AND TODDLERS WHO TAKE THEIR MONEY FOR FOOD AND BILLS TO BUY THEM.

Donations can be left inside the Church. We look forward to another great year working together to feed the hungry. Thanks to all, Marilyn Hendershot, Family Services Specialist, Neighborhood House, Inc.

# **PFLAG Meeting**

Meetings are held at 6:30 PM on the 3rd Thursday of each month, presently via Zoom. Please join us if you would like to be supported or offer support and please spread the word to all corners of our communities. We are currently working on a system which will help youth who have been rejected by their parents, find families who will help them. Please contact Mark Holden, (Mark@maholden.com) or call 802-279-8100.

JOYS & CONCERNS: If you know someone, you'd like to add to our prayer list, please email the church office or visit the church website (<a href="www.stpaulsodessa.org">www.stpaulsodessa.org</a>) to complete a prayer request. There is also a Prayer Box in the Narthex in which you can drop your completed request. Please email the office when someone can be taken OFF the list. If you or a loved one needs a pastoral visit, please call or email the church office to schedule.